

## CNT II - Chasing the Winds

### Become a CNT II Trainee

#### Prerequisite:

- CNT I Trainee

Apply in writing for study and training

**CNT II Course:** Attend your first 28-hour CNT II course Teachings of CNT II - Chasing the Winds techniques including anatomy taught by a CNT II Teacher or a CNT II Senior Teacher

#### Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia

### **CNT II Course Curriculum** (total 28h)

#### Theory: (6h)

- Anatomy
- CNT II techniques
- Chasing the Winds,
- Each wind according to a specific ailment with anatomy par
- Methods for cleansing intestines with herbs or hydro-colonic

#### Practical: (18h)

- CNT Self-massage
- CNT II Hands on techniques
- Exchanging CNT massage technique with different partners
- Learn to release negative energy, to protect and cleanse yourself.

#### Basic training: (4h)

- Iron Shirt I
- Microcosmic Orbit
- Elixir Chi Kung

**Result:** CNT II Trainee

Allows to collect case studies of approx. 1-hour sessions

Within 24-months collect 70 CNT II case studies. 60 Can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions

## **Become a CNT II Practitioner**

**Prerequisite:**

- CNT I Practitioner
- CNT II Trainee

As a CNT II Trainee, apply in writing for study and training

**CNT II course:** Attend your second 28-hour CNT II course, taught by a CNT II Teacher or CNT II Senior Teacher

**Case studies:** When trained with local CNT Teacher, send case studies min. 2 weeks before second CNT II training to your CNT Teacher by registered mail or scanned. For attending training with travelling CNT Teacher present on arrival of the course 140 case studies in CNT II

**Recommended extra courses:**

Attend a UHT course, that includes activating 3 Fires, Microcosmic orbit and Iron Shirt Chi Kung I (extra 20h)

Attend a UHT Elixir Chi Kung course (extra 20h)

**Evaluation:** CNT II Senior Teacher or CNT II Teacher, supervised by CNT II Senior Teacher

**Result:** Certified CNT II Practitioner

Allows you to work as a CNT II Practitioner on students and clients

Profile as a CNT II Practitioner is added to the UHT Instructor-Directory (Key CNTP2)

## **Become a CNT II Teacher**

**Prerequisite:**

- Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I Teacher
- Work as an active CNT II Practitioner for minimum 2 years

As a CNT II Practitioner apply in writing for

**Assisting:** Participate as an assistant in a 28-hour CNT II course, taught by Grandmaster Chia or a CNT Senior II Teacher

**Study textbooks:**

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

**Case studies:** When trained with local CNT Teacher, send case studies min. 2 weeks before second CNT II training to your CNT Teacher by registered mail or scanned. For attending training with travelling CNT Teacher present on arrival of the course 140 case studies in CNT II

**Evaluation:** Grandmaster Chia or 2 CNT Senior II Teachers

**Result:** Certified CNT II Teacher

Allows to teach and educate students in CNT II and evaluate students under supervision of a CNT II Senior Teacher.

UHT System will send out mailing to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT II Teacher is added into the UHT Instructor-Directory (Key CNTT2)

## **Become a CNT II Senior Teacher**

**Prerequisite:**

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I Senior Teacher
- Work as an active CNT II Teacher for minimum 3 years
- Having educated min. 6 Practitioners in level of CNT II while you are a certified CNT II Teacher

As a CNT II Teacher, apply in writing for

**Assisting:** Participate as assistant in a 28-hour CNT II course, taught by Grandmaster Chia or a CNT II Senior Teacher

**Evaluation:** Grandmaster Chia

\*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole

**Result:** Certified CNT II Senior Teacher

Allows to teach and evaluate CNT II Practitioners and Teachers

UHT System will send out mailing to advertise for Senior Teacher

If UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT II Senior Teacher is added into the UHT Instructor-Directory (Key CNTST2)

## **Research Projects**

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System