

CNT I - Energetic opening of Body, Mind and Spirit

Become a CNT I Trainee (student/participant)

Apply in writing for study and training

CNT I Course: Attend your first 28-hour CNT I course. Teachings of CNT I techniques including anatomy taught by a CNT I Teacher or CNT I Senior Teacher

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig

CNT I Course Curriculum (total 28h)

Theory: (6h)

- Anatomy
- CNT I techniques
- Opening Wind Gates,
- Methods for cleansing intestines with herbs or hydro-colonic

Practical: (18h)

- CNT Self-massage
- CNT I Hands on techniques
- Exchanging CNT massage technique with different partners
- Learn to release negative energy, to protect and cleanse yourself

Basic training: (4h)

- Inner Smile
- Six Healing Sounds
- Iron Shirt Chi Kung

Result: CNT I Trainee

Allows you to collect case studies of approx. 1-hour sessions

Within 24-months collect 70 CNT I case studies. 60 Can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions.

Those who work hands-on with physical therapies need to collect 25 case studies (see list of hands-on physical therapists)

Become a CNT I Practitioner

Prerequisite:

- CNT I Trainee

As a CNT I Trainee, apply in writing for study and training

CNT I course: Attend your second 28-hour CNT I course, taught by a CNT I Teacher or CNT I Senior Teacher

Case studies: When trained with local CNT Teacher, send case studies min. 2 weeks before second CNT training to your CNT Teacher by registered mail or scanned. For attending training with travelling CNT Teacher present on arrival of the course 70 case studies in CNT I

Recommended extra courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I (extra 20h)

Attend a Universal Healing Tao course, that includes 3 Fires, Microcosmic Orbit and Healing Love (extra 20h)

Evaluation: CNT I Senior Teacher or CNT I Teacher, supervised by a CNT I Senior Teacher

Result: Certified CNT I Practitioner

Allows you to work as a CNT I Practitioner on students and clients and use the CNT protected name

Profile as a CNT I Practitioner is added to the UHT Instructor-Directory (Key CNTP1)

Become a CNT I Teacher

Prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I Practitioner
- CH I Practitioner
- Work as an active CNT I Practitioner for minimum 2 years

As a CNT I Practitioner, apply in writing for

Assisting: Participate as assistant in a 28-hour CNT I course, taught by Grandmaster Chia or a CNT I Senior Teacher

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefina Reimig
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Case studies: When trained with local CNT Teacher, send case studies min. 2 weeks before second CNT I training to your CNT Teacher by registered mail or scanned. For attending training with travelling CNT Teacher present on arrival of the course 140 case studies in CNT I

Evaluation: Grandmaster Chia or 2 CNT I Senior Teachers

Result: Certified CNT I Teacher

Allows to teach and educate students in CNT I and evaluate students under supervision of CNT I Senior Teacher

UHT System will send out mailing to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT I Teacher is added to the UHT Instructor-Directory (Key CNTT1)

Become a CNT I Senior Teacher

Prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I Teacher
- CH I Teacher
- Work as an active CNT Teacher for minimum 3 years
- Having educated min. 6 Practitioners in level of CNT I while you are a certified CNT I Teacher
- Showed outstanding relation and cooperation ship with UHTS

As a CNT I Teacher, apply in writing for

Assisting: Participate as assistant at a 28-hour CNT I course, taught by Grandmaster Chia or a CNT I Senior Teacher

Evaluation: Grandmaster Chia.

*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole

Result: Certified CNT I Senior Teacher

Allows to teach CNT I and evaluate CNT I Practitioners and Teachers

UHT System will send out mailing to advertise for Senior Teacher

If UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT I Senior Teacher is added to the UHT Instructor-Directory (Key CNTST1)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System